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Beat the Summer Heat with Skin Products that Cool ...



With triple digit temperatures and high humidity, I'm grateful for anything that helps me weather this sizzling summer.

To the rescue comes a new, patent pending product called **COOL OFF™**. Infused with a clean-scented formulation of natural ingredients that include cooling herbs, plant botanicals and essential oils, these moist towelettes provide an immediate cooling effect that's said to last past the time the towelette is removed from your body. Pack them in your gym or beach bag. Bring them along on all of your summer outdoor activities. (And, here's a bonus – the literature says they're great for hot flashes.) Available at CVS.com, Amazon.com and at Duane Reade stores in New York City, \$2.99 for a package of four.

